



1. Wash and dry denture completely.
2. Sand the lower area of the denture with coarse (#100) sandpaper as shown. Fig. 1A



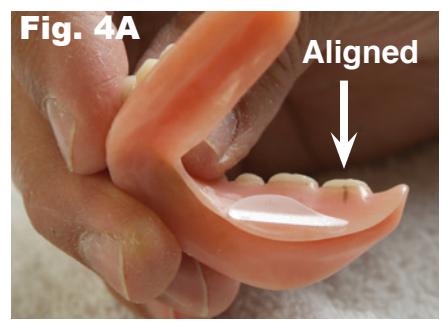
3. Sand the same lower area of the denture with fine (#150) sandpaper as shown for a smoother surface. Fig. 1B



4. Draw a line at the middle of the last tooth as shown. Fig. 2



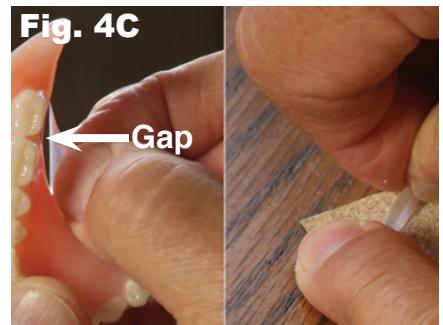
5. **IMPORTANT:** Examine the stabilizers to determine the left and right and rear of each stabilizer. The right is marked with a "R" and left with a "L". The rear of each stabilizer is narrow. Fig. 3
9. **IMPORTANT:** Double check that the stabilizer fits against the denture with no spaces or gaps between them. This step will insure proper adhesion to the denture. Fig. 5



6. Place stabilizer next to the sanded area of the denture so that the rear of the stabilizer aligns with the pencil line you drew below the last tooth. Place stabilizer as low as possible to the bottom of the denture. Fig. 4A
7. Look down at the stabilizer while holding it next to the denture. Look for areas where there is a gap showing between the thick edge of the stabilizer and the denture. Fig. 4B



8. Sand the areas on the stabilizer where there is no gap showing. A smooth surface between the denture and stabilizer insures a good fit between both the denture and the stabilizer. Fig. 4C



10. Place the soft wax on the back-end of the stabilizer, as shown, so that the wax holds the stabilizer in this position. Fig. 6
11. Place 2 drops of liquid monomer on the top where both the denture and stabilizer meet so that it runs between the denture and the stabilizer. Fig. 7



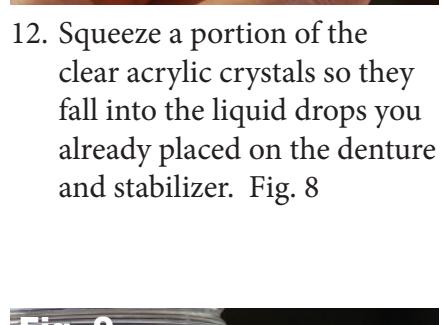
12. Squeeze a portion of the clear acrylic crystals so they fall into the liquid drops you already placed on the denture and stabilizer. Fig. 8
13. Place denture on solid surface so that the stabilizer does not move and allow 20 minutes for the liquid monomer and acrylic crystals to harden. Fig. 9



14. Remove the soft wax. Turn the denture over and place 2 drops of liquid monomer so that it runs between the bottom of the denture and the stabilizer. Fig. 10
15. Squeeze a portion of the clear acrylic crystals so that they fall into the liquid drops you just placed on the denture and stabilizer and around the area where the wax was removed in Step #14. Fig. 11



16. Place denture on solid surface so that the stabilizer does not move and allow 20 minutes for the liquid monomer and acrylic crystals to harden. Fig. 12A
17. For attaching opposite side stabilizer, repeat steps #2-#16.



18. Allow denture to sit for 1 hour before lightly sanding any areas that may have a rough surface. Use the lighter grade 150 (fine) sandpaper for this procedure. Fig. 12A and Fig. 12B
19. Denture with stabilizers attached. Fig. 13.
20. Wash and rinse denture completely.



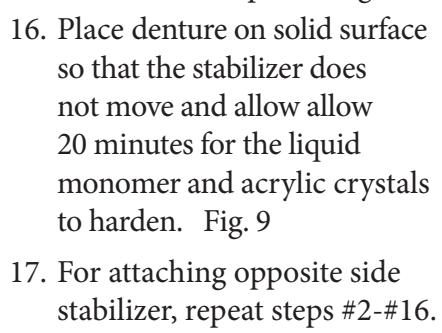
21. (If necessary) If Stabilizers rub or feel tight, sand the "edge" of the Stabilizer that the tongue is rubbing against with the fine 150 sandpaper. This will reduce the contact area on the tongue but will not eliminate the surface area for the tongue to hold the denture down. Fig. 14.



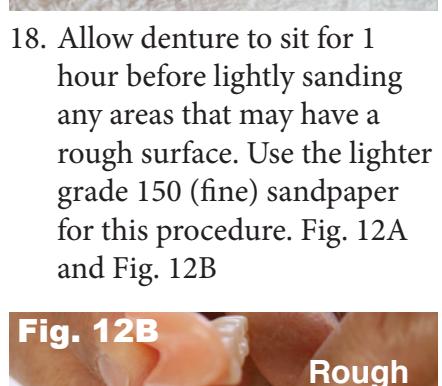
22. Attached Stabilizers. Fig. 13
23. Attached Stabilizers. Fig. 13
24. Attached Stabilizers. Fig. 13
25. Attached Stabilizers. Fig. 13



26. Attached Stabilizers. Fig. 13
27. Attached Stabilizers. Fig. 13
28. Attached Stabilizers. Fig. 13
29. Attached Stabilizers. Fig. 13



30. Attached Stabilizers. Fig. 13
31. Attached Stabilizers. Fig. 13
32. Attached Stabilizers. Fig. 13
33. Attached Stabilizers. Fig. 13



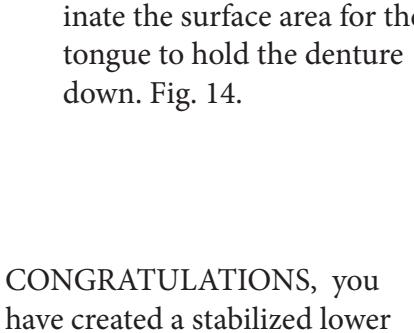
34. Attached Stabilizers. Fig. 13
35. Attached Stabilizers. Fig. 13
36. Attached Stabilizers. Fig. 13
37. Attached Stabilizers. Fig. 13



38. Attached Stabilizers. Fig. 13
39. Attached Stabilizers. Fig. 13
40. Attached Stabilizers. Fig. 13
41. Attached Stabilizers. Fig. 13



42. Attached Stabilizers. Fig. 13
43. Attached Stabilizers. Fig. 13
44. Attached Stabilizers. Fig. 13
45. Attached Stabilizers. Fig. 13



46. Attached Stabilizers. Fig. 13
47. Attached Stabilizers. Fig. 13
48. Attached Stabilizers. Fig. 13
49. Attached Stabilizers. Fig. 13



50. Attached Stabilizers. Fig. 13
51. Attached Stabilizers. Fig. 13
52. Attached Stabilizers. Fig. 13
53. Attached Stabilizers. Fig. 13

**CONGRATULATIONS,** you have created a stabilized lower oral prosthesis (denture) and you will notice a vast difference in your speech, in chewing ability and in general usage of your dental appliance. When eating we recommend that you initially start with smaller bites until you become accustomed to the new fit, feel, and function.

## Questions?

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## STABIL-DENT DENTURE STABILIZER KIT

Stabildent.com • Made in U.S.A. • 855-885-7337  
Patent Pending

## STABIL-DENT DENTURE STABILIZER KIT

Stabildent.com

Kit Contents: 1 Instruction Sheet, 2 Stabilizers, 1 Pencil, 1 Clear Acrylic Crystals, 1 Liquid Monomer, 1 Sandpaper 100 [coarse], 1 Sandpaper 150 [fine], 2 Soft Wax Balls

**WARNING:** Do not use on Valplast Dentures or flexible dentures. Contains Methyl Methacrylates and Denture Monomer. Do not use if allergic or sensitive to Methacrylates. Do not use near fire or open flame. Apply in a well ventilated area. Keep out of the reach of children. Store in a cool dry place.

**IMPORTANT:** Read instruction sheet completely before applying Stabildent to your lower denture. For best results, the lower denture should fit as snug as possible. This may require a reline before applying Stabildent. Application takes approximately 2 hours.

Video instructions available at [stabildent.com/instructions/](http://stabildent.com/instructions/)